



# growthtrac ministries

Premiere Issue ♡ November 2016

Fifteen years ago, we had an idea. As pre-marriage mentors at our church, we wished for a website of resources we could offer to help the couples with whom we were meeting. As far as we knew, nothing like this existed. So although I (Jim) knew nothing about websites, I purchased a domain—Growthnet.org—and then cobbled together a few web pages and launched the site.



We soon noticed something: Lots of marriages needed help.

Quickly our little website became less about the pre-marrieds at our church and more about providing an online presence that resourced all stages of marriage. Soon, thousands of couples were coming to us for strategies to strengthen their marriages or help for their hurting marriage.

This was our “aha moment.” We realized our website had become a ministry—and that marriages needed it. That’s how Growthtrac Ministries was born.

As our ministry grew, we determined the best ways to fill the needs of all the hurting people interested in our site. We sought culturally relevant and expert web content and addressed the hard topics about which couples were asking. We added events, books, and referrals for counseling.

We learned, through this process, that the Internet is the number-one destination for hurting marriages. That’s because it fills the hunger that exists for expert, no-cost, anonymous, and faith-based marriage resources. And, this need is not only here in the States—marriages around the world are hungry for help as well.

We believe in marriage—and we believe it takes effort to make a marriage succeed. But we also believe marriages can last 20, 40, 60 years—and beyond. We want to give couples the help they need to stand the test of time—where and when they need it.

*“Your support heals marriages.”*

We have great things planned for 2017 as we strive to build more tools for marriages. We feel so passionately about this mission that we continue to pour everything we have into it.

We’re not stopping any time soon; in fact, we think we’ve just begun.

Thank you for supporting this ministry and for helping us partner with Jesus to do the work of strengthening marriages.

Blessings,

Sheri and Jim

## 15 YEARS OF MINISTRY BECAUSE OF PARTNERS LIKE YOU



## You help break the cycle of addiction

“Hello. I'm having a very hard time with the temptation of lust and pornography. I was exposed to it at a very young age and want to overcome it—it is ruining my marriage. I'm too ashamed to talk to anyone about it and would be very thankful if you would pray for me. Thank you and God bless you.”

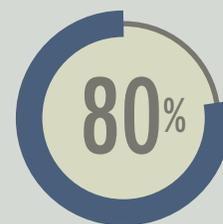
We frequently receive prayer requests just like this. We are a ministry devoted to helping people break free from secret struggles that weigh them down with guilt and shame. We desire for people to live strong and healthy lives, have vibrant and strong marriages, and become open about challenging issues.

Thanks for partnering with us—we want to do more, with your help.



FIFTY PERCENT OF  
DIVORCES IN AMERICA  
LIST PORN AS A  
CONTRIBUTING FACTOR.

Source: Fireproof Ministries



EIGHTY PERCENT OF  
THE CONTENT READ ON  
GROWTHTRAC CONCERNS  
SEXUAL ADDICTION.

*“When I first began receiving your daily updates, my husband and I were drifting apart. I secretly resented him for our lack of date nights and time together. One of the first Marriage Minutes I read included questions to start a meaningful dialogue with your spouse. The next talked about praying for your husband. Those Marriage Minutes helped me openly express how I was feeling in a way that did not diminish or belittle my husband. As a result, we got through that rough patch. And now our daughter says we act like high-school sweethearts who make each other blush.”*

—Morgan

*“Great station (Growthtrac Radio)! I just found you today through iTunes and I love it. As a husband going through a rough time in my marriage with a wife who is having an affair and wants to leave, I find your advice refreshing!”*

—John

*“I have enjoyed your ministry and have found it helpful in understanding past mistakes and resolving my present situation. I've been to a number of Christian relationship websites and none of them has moved me the way Growthtrac has. I know God guided me to your website and it is my obedience to him that has allowed me to reach out.”*

—Tanisha

*“I am not sure if you realize how many lives you touch, but after I read the daily Marriage Minutes, I pass them on to my husband in Iraq. He then forwards them on to his troops as well. Thank you for allowing me to partner with you in helping of Christ's Kingdom.”*

—Denise

*Names changed to protect privacy*

### YOU'VE IMPACTED NEARLY ONE MILLION MARRIAGES!

Thanks to your generous support, we're on target to meet our goal of serving **one million marriages** this year—but we can't do this alone. We need your help to finish strong in 2016—and reach even more marriages in 2017! Please continue your investment by supporting us online at [growthtrac.com/donate](http://growthtrac.com/donate).